Philosophy Of Truth

Sadguru's Grace Can Lead to Atmadarshan

Chapter 4 (1)

Bhakta: O Lord, I could understand from your preachings, that it is very difficult to visualize the 'Atma'. It is heard that the rishis who composed the Vedas achieved 'Atmadarshan'. Please narrate how could they visualize the 'atma' and what is the power behind your visualization of your 'self'.

Mahatma: My son! It is impossible to achieve 'atmadarshan' without the grace of the Sadguru. Neither it was possible, nor it would be possible for 'atmadarshan' without the grace of the self-realised Guru, who has fathomed the Vedas, Vedanta and other scriptures and had been enlightened. Even the high-souled Prahlad had to go to Parbat rishi, listen to the fundamentals of 'Brahman' in order to acquire the knowledge of the eternal. Lord Krishna had to take lessons on Vedanta from Saindhavmuni to have the expositions of the 'self'. Vasisthamuni inculcated this knowledge of 'self' to Sri Ramchandra and Rajarshi Janak to Sukdeva. There are many such examples. Hence it is not possible to master the essence of 'Atmagyan' without the mercy of the Sadguru. Tulsidasji used to say—

"Sabhi ghatme Hari base, jeon giri sutme jyoti,
Gyan guru chakmak bina, kayse prakat hoti."

Meaning– Fire is inherent in the rocks like the Almighty in the body of the living beings. Only the wise Guru can manifest God in the common man like this fire, which can only manifest in the flint stone. So atmadarshan is not possible without the grace of the enlightened Guru. According to Vedanta –

"Durlobhong traimebaitadaibanugrahahetucom,
Manussatwang mumukhotwang mahapurushosansrayah"

Meaning– Three things that are rare in this world–manussatwa (the acquisition of knowledge), mumukhotwa (the yearning for knowledge) and the shelter of an enlightened saint. Basically, the belief is never firm without the teaching of the Guru and scriptures. Sukdeva, the son of Vyasdev was also not satisfied until he received lessons from his Guru. Hence, until your mind is not ready for the divine wisdom, service to the Guru, the company of saints and mastering the scriptures is very important. These habits and practices accelerates the pathway to 'Atmadarshan'.

(Excerpts from Sri Kalikananda Abadhoot's "Satya-Darshan" in Bengali)
Translated into English by
–Dr Barun Dutta, Her Blessed Child

Forthcoming Events

Dol Purnima (Holi): 19th March, Saturday
SriRam Navami: 12th April, Tuesday
Bengali New Year (Poila Boishak): 15th April, Friday

Notice

The new website address of Akhanda Mahapeeth is:
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