

## A Spectacular Revelation Within

Sree Sree Maa

Sri Sri Baba used to like “Ranga”, one of our maternal aunts a lot and used to address her as ‘Rangadi’. He used to visit Ranga’s



Sree Sree Maa

house occasionally. One day Sri Sri Baba came to our house and after sometime he expressed his desire to visit Ranga’s house. Ranga’s house was not too far off from my place. We started for her house and

reached there soon. Ranga was extremely glad to see Sri Sri Baba. She became busy to look after him and take care of his requirements. Sri Sri Baba said, “Rangadi, I want to have some Paramanna (sweet rice porridge).” Ranga replied, “Please sit down Babaji, I will cook paramanna and come back soon.”

In the mean time I again started the topic on the visualization of ‘jyoti’ (the divine cosmic light). From the very childhood, I used to visualize a blue light in front of my closed eyes when I used to chant the divine name in the form of ‘japa’. As I told this to Babaji, he told me to move to the adjacent room and said, “Come, I will show you the divine light. Let me see the level of your consciousness.” Immediately I informed this to Ranga, then myself and Babaji went to the other room and sat on the bed. Babaji demonstrated me the method of doing ‘yonimudra’. In that posture, I visualized that the luminous sky in front of me opened up

and a vast radiantly glowing sky appeared. Minute crystal like luminous dots were constantly emerging silently from that radiant sky and were scattering in front of me, as if in the entire creation. The vision was surprising, stupendous and exquisitely beautiful! Then five to seven blue rings of light appeared in the radiance of the expanding sky.



Sri Sri Baba

Then several other features appeared and the sky of the ‘kutastha’ became dark and featureless. Babaji asked then, “what has been your vision?” I narrated my visualization to him in details. He listened to me patiently and said, “what sadhana are you going to perform? You have started with the vision that a seeker visualizes at the final stage of realization. You need to perform this mudra only once at night. You do not need to perform too arduous penance.” I asked innocently, “if I like it doing repeatedly, can I do so?” Sri Sri Baba ordered strictly, “You can only do it once and not repeatedly. Do exactly as I say.” I was extremely happy that day because my curiosity about jyoti darshana was satiated. After this we had some good religious discourse at Ranga’s house for sometime.

*(Excerpts from Sree Sree Maa's autobiography "Tavasmi" in Bengali)*

*Translated into English by*

—Dr Barun Dutta, Her Blessed Child